



Dear Friend,

A much anticipated [Chinese restaurant opens](#) in Rhinebeck. Do we finally have some top-notch Chinese up here?

One of the dishes we didn't try there, was that favorite, [General Tso's chicken](#). We've been making it at home, and discovered that it's pretty easy.

[May's calendar](#) features some baby bok choy. About as close to spring greens as I could get. Enjoy.

Wouldn't your food loving friends like to get a treat every Tuesday? Forward this to them and they [can sign up for the newsletter](#). Or click the icons above to send to a friend, share on Twitter, Facebook, or LinkedIn.

Enjoy!

Anne



## Lucky Dragon: Chinese Comes to Rhinebeck

I wanted to love Lucky Dragon.

I wanted to be willing to jump in the car and drive for 20 minutes for great Chinese.

I wanted the answer to “where do you go for good Chinese?” to be Rhinebeck, not Queens.

[Lucky Dragon:](#)



## General (Sort of) Tso's Chicken

It's funny, but as much as I love to eat Chinese food (and chicken), cooking Chinese is something I rarely do.

This changed recently when I was looking for something different to do with chicken thighs. Since I hate deep fat frying food this recipe appealed because it used a lot less oil and was easy.



[General Tso's Chicken:](#)



## May Calendar

Spring greens--baby bok choy. What's your favorite thing to make with it?

[Download the Calendar](#) and right click to make it your desktop wallpaper.

Calendar

Accidental Locavore

PO Box 1289 | Pleasant Valley, NY 12569-1289 US



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