

Accidentallocavore®

Dear Friend,

We lost our beloved dog Rif a little over a week ago. [This week's post is dedicated to him.](#)

The craziness comes from us selling our house and moving, so if you don't see a newsletter next week, or the week after, it's probably because my computer got packed and moved and/or I just needed one last thing to do. Thanks for understanding!

All year round, we wait for August and perfect tomatoes. [Here they are as this month's calendar.](#)

Wouldn't your food loving friends like to get a treat every Tuesday? Forward this to them and they [can sign up for the newsletter](#). Or click the icons above to send to a friend, share on Twitter, Facebook, or LinkedIn.

Enjoy!

Anne

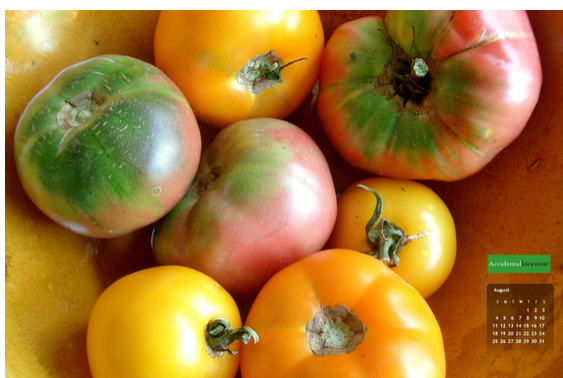


Saying Good Bye to Our Dog Rif

As we start to get into August and the dog days of summer, I'd like to take a moment to remember a very important dog—our boy Rif who died last week from abdominal and liver cancer.

We had just over 6 years with him, a rescue at age 7 (give or take) about half his life and we hope he was as happy to be with us as we were to have him.

[Rif.](#)



August Calendar

Tomato time!

[Download the Calendar](#) and right click to make it your desktop wallpaper.

Calendar

Accidental Locavore

141 Fulton Ave 802 | Poughkeepsie, NY 12603 US

emma®

[Subscribe](#) to our email list.