

# Accidentallocavore®

Dear Friend,

Now that we're halfway through the year (do you believe it?), a look back at my cooking "resolutions" for the year. [How did I do?](#) How did you do?

Here's one of the [best fish recipes I made](#).

What would [July be without lobsters and corn](#)? Check out this month's calendar.

Wouldn't your food loving friends like to get a treat every Tuesday? Forward this to them and they [can sign up for the newsletter](#). Or click the icons above to send to a friend, share on Twitter, Facebook, or LinkedIn.

Enjoy!

Anne



## 8 Things I'm Challenging Myself to Cook in 2019: July Update

Halfway through the year, let's take a look at where I am with my list. Updates (and true confessions) after each point. Let me know in the comments what you think.

[2019 Challenge Update:](#)



## Salmon and Spinach Curry

Because Frank is not generally a salmon fan, I've been looking at this recipe from Meera Sodha's Made in India cookbook for a while. Since cooking more fish is one of my 2019 goals, I took the plunge and started with salmon

[Salmon and Spinach Curry:](#)



## July Calendar

You know it's summer when it's time for corn and lobster!

[Download the Calendar](#) and right click to make it your desktop wallpaper.

Calendar

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