

# Accidentallocavore®

Dear Friend,

Got zucchini? We've made this [stuffed zucchini recipe](#) a couple of times already. Try it now while tomatoes (and zucchini) are at their peak.

[This one takes a little more time](#) (mostly for coring the zucchini) but has always been one of my favorites.

How about some bright end of summer flowers for the [September calendar](#)?

Wouldn't your food loving friends like to get a treat every Tuesday? Forward this to them and they [can sign up for the newsletter](#). Or click the icons above to send to a friend, share on Twitter, Facebook, or LinkedIn.

Enjoy!

Anne



## Stuffed Zucchini With Lamb and Rice

This is a perfect summer dish, good for using up that CSA zucchini and much easier than my other favorite stuffed zucchini.

[Stuffed Zucchini:](#)



## Stuffed Squash With Yogurt Sauce

This is a long-time favorite of mine. A little time consuming, but if it's raining out and you've got a stack of zucchini...

[Stuffed Zucchini With Yogurt Sauce:](#)



## September Calendar

Time for sunflowers and other bright end of summer flowers.

[Download the Calendar](#) and right click to make it your desktop wallpaper.

Calendar

Accidental Locavore

141 Fulton Ave 802 | Poughkeepsie, NY 12603 US

emma

[Subscribe](#) to our email list.