

Accidentallocavore®

Dear Friend,

Cook and eat more fish was one of my goals for 2019, so it was time to give [this fish curry with salmon and spinach](#) a try. Will it stay in rotation?

Back to looking at previous posts, [this chocolate salted caramel tart](#) from a year ago, is sooooo good!

This colorful collection of root vegetables from our winter CSA made a [great photo for the March calendar](#).

Wouldn't your food loving friends like to get a treat every Tuesday? Forward this to them and they [can sign up for the newsletter](#). Or click the icons above to send to a friend, share on Twitter, Facebook, or LinkedIn.

Enjoy!

Anne



Salmon and Spinach Curry

Because Frank is not generally a salmon fan, I've been looking at this recipe from Meera Sodha's *Made in India* cookbook for a while.

Since cooking more fish is one of my 2019 goals, I took the plunge and started with salmon.

[Salmon Curry Recipe:](#)



Salted Caramel Chocolate Tart

This salted caramel chocolate tart recipe looks complicated but if you've made tarts before, it's not hard.

You'll need to devote some time to the process but a lot of it can be done ahead of time, chilled and assembled later. It's all worth it!

[Salted Carmel Chocolate Tart:](#)



March Calendar

All these great looking root veggies made a great photo, don't you think?

[Download the Calendar](#) and right click to make it your desktop wallpaper.

[Calendar](#)

Accidental Locavore *Live!*

It was 2 great years with Pawling Public Radio and time to move on.

To find any of the previous shows, [go to SoundCloud](#) and search for them or listen anytime on [our homepage](#).