

Accidentallocavore®

Dear Friend,

Salmon like [last week's curry](#) is so easy to cook, it's amazing that it's not in rotation in my kitchen as much as chicken is. This week we're back to the birds with a delicious Middle Eastern [chicken and red onion recipe](#).

My lookback this week is from 2 years ago--[stuffed shells](#) (that I almost made over the weekend). So good!

This colorful collection of root vegetables from our winter CSA made a [great photo for the March calendar](#).

Wouldn't your food loving friends like to get a treat every Tuesday? Forward this to them and they [can sign up for the newsletter](#). Or click the icons above to send to a friend, share on Twitter, Facebook, or LinkedIn.

Enjoy!

Anne



Palestinian Chicken with Red Onions

Soon I'm going to have to watch how many dishes I make with chicken thighs, but this one looked really good and it seemed like an easy weeknight dinner.

[Chicken with Red Onions:](#)



Stuffed Shells

Stuffed shells used to be the Wednesday special at the pizza place near my office.

Shells and two sides for \$6.50. Couldn't beat that.

It was a family-run place that was there for years.

No more.

And I don't think I've had stuffed shells since then.

[Stuffed Shells:](#)



March Calendar

All these great looking root veggies made a great photo, don't you think?

[Download the Calendar](#) and right click to make it your desktop wallpaper.

[Calendar](#)

Accidental Locavore *Live!*

It was 2 great years with Pawling Public Radio and time to move on.

To find any of the previous shows, [go to SoundCloud](#) and search for them or listen anytime on [our homepage](#).