



Dear Friend,

While I've been doing a lot of cooking, sometimes it's nice to take a break. This week [a Mexican restaurant](#) that is filling our needs for some authentic tacos and more.

This colorful collection of root vegetables from our winter CSA made a [great photo for the March calendar](#).

Wouldn't your food loving friends like to get a treat every Tuesday? Forward this to them and they [can sign up for the newsletter](#). Or click the icons above to send to a friend, share on Twitter, Facebook, or LinkedIn.

Enjoy!

Anne



La Cabanita, Mexican on Main Street

Elvis is in the building.

And he's running the show at La Cabanita, a resurrection of a Poughkeepsie restaurant favorite, now occupying a former church on Main Street.

Mexican is the name of the game here, and along with the classics, be prepared for some Oaxacan treats.

[Mexican on Main Street:](#)



March Calendar

All these great looking root veggies made a great photo, don't you think?

[Download the Calendar](#) and right click to make it your desktop wallpaper.

Calendar

Accidental Locavore *Live!*

It was 2 great years with Pawling Public Radio and time to move on.

To find any of the previous shows, [go to SoundCloud](#) and search for them or listen anytime on [our homepage](#).