

# Accidentallocavore®

Dear Friend,

The website had a major meltdown and was offline for most of last week. If you didn't get the parsnip recipe [click here for it](#). And here is the link for [molten chocolate cakes](#)--they're good anytime.

This week, my take on [General Tso's](#) without deep fat frying the chicken.

Wouldn't a mess of pink mushrooms be a better Valentine's Day gift than the usual roses? That's why they're [the February calendar](#).

Wouldn't your food loving friends like to get a treat every Tuesday? Forward this to them and they [can sign up for the newsletter](#). Or click the icons above to send to a friend, share on Twitter, Facebook, or LinkedIn.

Enjoy!

Anne



## General (Sort of) Tso's Chicken

It's funny, but as much as I love to eat Chinese food (and chicken), cooking Chinese is something I rarely do.

This changed recently when I was looking for something different to do with chicken thighs. Since I hate deep fat frying food this recipe appealed because it used a lot less oil and was easy.

[General Tso's:](#)



## Roasted Parsnips with Horseradish Cream

If you missed it, [here's the parsnip recipe](#).



## February Calendar

I love dried apricots and thought these deserved a photo.

[Download the Calendar](#) and right click to make it your desktop wallpaper.

Calendar

## Accidental Locavore *Live!*

It was 2 great years with Pawling Public Radio and time to move on.

To find any of the previous shows, [go to SoundCloud](#) and search for them or listen anytime on [our homepage](#).