

Accidentallocavore®

Dear Friend,

Poughkeepsie Farm Project is home to my CSA so when they asked if I'd [help them promote an event](#), I had to agree.

This week's lookback, is from a couple of years ago, but is one I now know by heart for [making perfect basmati rice](#).

Finally time for some flowers! These great tulips were from a recent local flower show. Aren't they fabulous? [Click to make them your computer wallpaper](#).

Wouldn't your food loving friends like to get a treat every Tuesday? Forward this to them and they [can sign up for the newsletter](#). Or click the icons above to send to a friend, share on Twitter, Facebook, or LinkedIn.

Enjoy!

Anne



Poughkeepsie Farm Project Kicks Off 2019 Season

As you know I'm a big fan of Poughkeepsie Farm Project and I can't wait for May 4th and 11th when they'll kick off the season with their annual Farm Fest and Plant Sale!

The Farm Fest and Plant Sale is a fun event that includes hands-on gardening activities and storytelling for children, farm tours, wildflower walks, food and live music.

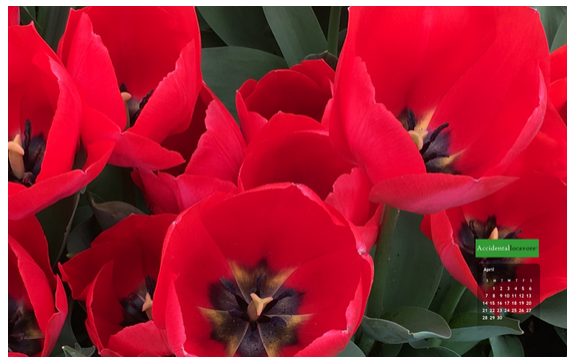
[Poughkeepsie Farm Project](#):



Making Perfect Basmati Rice

I've got this one memorized now. It does make perfect rice every time (and will make you fussier about the rice you buy).

[Basmati Rice](#):



April Calendar

Fabulous red tulips!

[Download the Calendar](#) and right click to make it your desktop wallpaper.

Calendar

Accidental Locavore *Live!*

It was 2 great years with Pawling Public Radio and time to move on.

To find any of the previous shows, [go to SoundCloud](#) and search for them or listen anytime on [our homepage](#).