





Accidentallocavore®

Dear Friend,

With the changing weather it means soup time! This recipe takes advantage of the leeks, potatoes and garlic that are fall favorites.

The October calendar features some of the most beautiful shallots. What's your favorite use for them?

Wouldn't your food loving friends like to get a treat every Tuesday? Forward this to them and they can sign up for the newsletter. Or click the icons above to send to a friend, share on Twitter, Facebook, or LinkedIn.

Enjoy!

Anne



Roasted Potato Leek and Garlic Soup

Potato leek soup is good any time of year.

When Frank kept bringing home potatoes and leeks from our CSA, I knew he was serious about me making a batch.

Since it's fall, I like this version, where the leeks and potatoes are roasted with some garlic,

making it heartier than traditional vichyssoise. Serves about 6:

Roasted Potato Leek and Garlic Soup:







October Calendar

I saw this gorgeous pile of shallots in the farmers' market in Maine and thought they deserved to be October's calendar.

Download the Calendar and right click to make it your desktop wallpaper.

Calendar

Accidental Locavore Live!

We were finally back on air with Ray Armater the new Executive Director of Poughkeepsie Farm Project. FInd out about the fall CSA shares and how to sign up for them.

Next week's guest is someone I've known for a while. Find out what Katie Hellmuth Martin of Tin Shingle does to help entrepreneurs.

Tune in at 5:00 EDT Mondays. <u>www.pawlingpublicradio.org</u> or listen anytime on <u>our homepage</u>.

Accidental Locavore

PO Box 1289 | Pleasant Valley, NY 12569-1289 US