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Accidentallocavore®

Dear Friend,

As you know, I love shopping from small local markets. Butchers certainly fit into that category and we're lucky to have some good ones nearby. <u>Here are my 10 reasons to shop at a butcher</u>. Did I miss any?

When you go to the butcher, ask for some pork chops and <u>try them in the recipe below</u>. It's a little hands-on but you get a great result!

Since I thought we'd lost our dogwood in the March storms, I'll let it be the calendar photo for May. <u>Download the May calendar</u> and use it as your desktop wallpaper.

Wouldn't your food loving friends like to get a treat every Tuesday? Forward this to them and they <u>can sign up for the newsletter</u>. Or click the icons above to send to a friend, share on Twitter, Facebook, or LinkedIn.

Enjoy!

Anne



10 Reasons to Buy from a Butcher

If you bypass a butcher to just grab a couple of steaks or a chicken from the store, you might not be making the most of your meat-buying dollars.

Having a butcher you can depend on is the next best thing to buying a part of an animal from a local farm or meat CSA (and requires a lot less freezer space).

Why would you want to search out and befriend a butcher? Here are 10 reasons I love hanging out with people like Barb at Barb's Butchery: <u>Butchers:</u>



Will These Be Your New Favorite Pork Chops?

A good looking pair of pork chops caught the Accidental Locavore's eye the other day, and seemed to be just the thing to put a recipe from bon appetit titled "Your New Favorite Pork Chops" to the test.



Pork Chops:



May Calendar

I thought this dogwood was a goner after the winter, but our tree guy saved it!

Here's to spring (finally)!

Download the Calendar:

Calendar

Accidental Locavore Live!

This week we were finding out about tarts with the founder of the Art of the Tart, Kate Weiner.

Next Monday, we're talking smoked salmon with Skip Card of Hookline Fish Company.

Tune in at 5:00 EDT Mondays. www.pawlingpublicradio.org or listen anytime on our homepage.

Accidental Locavore

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