

Accidentallocavore®

Dear Friend,

We got some great bok choy from our CSA share and used it in [this delicious recipe](#) with ground pork.

It gets hot in July, which gives you an excuse to make this delicious [ricotta ice cream](#) featured on the [July calendar](#).

Wouldn't your food loving friends like to get a treat every Tuesday? Forward this to them and they [can sign up for the newsletter](#). Or click the icons above to send to a friend, share on Twitter, Facebook, or LinkedIn.

Enjoy!

Anne



Easy Pork with Bok Choy

We had some beautiful bok choy from the first CSA pickup of the season and a recipe from the NY Times inspired this recipe.

[Bok Choy and Pork Recipe:](#)



July Calendar

Ricotta ice cream--just what you need when it's hot out and simple to make! [Click here for the recipe.](#)

[Download the Calendar:](#)

Calendar

Accidental Locavore *Live!*

This week we were talking fine wines with Valerie Hail who distributed some of France's best wines.

Next Monday, we'll be golfing so no show until the 9th. Happy 4th!

Tune in at 5:00 EDT Mondays. www.pawlingpublicradio.org or listen anytime on [our homepage](#).

Accidental Locavore

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