

Accidentallocavore®

Dear Friend,

We always come back from Maine with containers of crabmeat. The [recipe below](#) puts some of it to great use (and is quick and easy--what more could you want?).

I was looking for something and came across an older post for a [delicious corn salad](#). I'm sharing it now, while corn is so good!

[The August calendar](#) celebrates tomatoes in all sizes and colors.

Wouldn't your food loving friends like to get a treat every Tuesday? Forward this to them and they [can sign up for the newsletter](#). Or click the icons above to send to a friend, share on Twitter, Facebook, or LinkedIn.

Enjoy!

Anne



Spaghetti with Crab and Zucchini

If you raided my freezer you'd find a stash of crabmeat I've brought back from Maine, waiting to be made into crab cakes, a crab roll, or in this case, dinner.

Fed 2 happily.

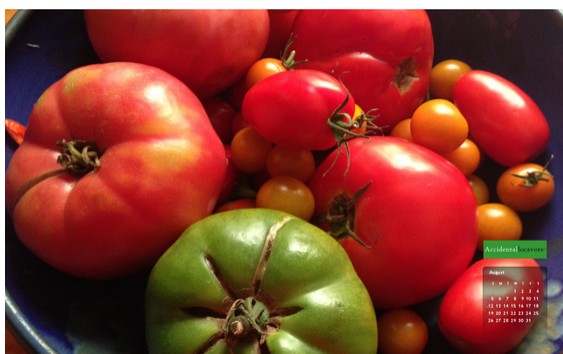
[Spaghetti with Crab](#)



Grilled Corn Salad

As much as everyone loves corn on the cob, there does come a time, later in the summer, when a little variety is welcome. This is a great side dish salad, adapted from *Food & Wine*.

[Grilled Corn Salad:](#)



August Calendar

What's more August than tomatoes in all sizes and colors? Oh yes!

[Download the Calendar:](#)

Calendar

Accidental Locavore *Live!*

That's it for the summer. We'll be back on the air September 10th with some great guests.

Tune in at 5:00 EDT Mondays. www.pawlingpublicradio.org or listen anytime on [our homepage](#).