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Dear Friend,

What on earth is larb and why would I want to make it? Because it's delicious and easy--see below.

My latest restaurant review is up on Organic Hudson Valley.

Thought it was time for some flowers and I love these green and white tulips. Download the April <u>calendar</u> and use it as your desktop wallpaper.

Wouldn't your food loving friends like to get a treat every Tuesday? Forward this to them and they can sign up for the newsletter. Or click the icons above to send to a friend, share on Twitter, Facebook, or LinkedIn.

Enjoy!

Anne



Lamb Larb

As part of our lamb CSA share this year we got a lot of ground lamb, so I've been trying to think of interesting new ways to use it. This recipe from bon apétite seemed similar to a pork recipe we've loved.

It was quick and easy and served 2 greedy people with a smidge leftover.

Lamb Larb Recipe:





Organic Hudson Valley

This month, I'm talking a look at Farm to Table Bistro in Fishkill.

OHV:





April Calendar

These are some of my all time favorite tulips! Download these beauties and use as your desktop wallpaper.

Happy April!

Download the Calendar:

Calendar

Accidental Locavore Live!

This week we were talking with Elizabeth Celaya Director of Organizational & Community Development at Hudson River Housing about what's going on at the Underwear Factory in Poughkeepsie.

Next Monday, we'll be taking the day off because it's someone's birthday.

Tune in at 5:00 EDT Mondays. www.pawlingpublicradio.org or listen anytime on our homepage.

Accidental Locavore

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