

Accidentallocavore®

Dear Friend,

Hope you had a great Labor Day weekend!

Since it's apple season (and Monday was a holiday), let's revisit this [great apple cake](#). If you've got an abundance of apples, it's a terrific way to use some of them up.

If squash is something you can't get enough of, [check out these beauties](#) on the September calendar.

Don't forget about the other venture, [Hudson Valley Eats](#). We're taking on the food scene in the Hudson Valley--restaurants, distilleries, markets, farms, all of it.

Wouldn't your food loving friends like to get a treat every Tuesday? Forward this to them and they [can sign up for the newsletter](#). Or click the icons above to send to a friend, share on Twitter, Facebook, or LinkedIn.

Enjoy!

Anne



Apple Cake

Now that we're moving into apple season, it seemed like a good time to revisit this great apple cake.

I'd seen this recipe on Smitten Kitchen and then my cousin called raving about this great apple cake she'd made. She was right!

[Get the recipe.](#)



September Calendar

How about this gaggle of gooseneck squash?

[Download the Calendar.](#)

Calendar

Accidental Locavore *Live!*

I'm off until September 11th when my guest will be the Editor of *Organic Hudson Valley*, Laurie Szostak. Enjoy the last weeks of summer!

Tune in at 5:00 EDT Mondays. www.pawlingpublicradio.org or listen anytime on [our homepage](#).

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PO Box 1289 | Pleasant Valley, NY 12569-1289 US



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