

Accidentallocavore®

Dear Friend,

Do you ever stop to think about what goes into producing the food on our table? Read Consider the Onion, below. Then stop, and make a quick salad with snow peas and feta. Enjoy!

Love and heartfelt congratulations to my parents who are celebrating their 60th wedding anniversary on the 5th!

If you have a friend or two who might like the newsletter, why don't you suggest they sign up by forwarding this email? Or you can click the icons above the logo to send to a friend, Twitter, Facebook, or LinkedIn.

Enjoy!

Anne



Consider the Onion

In honor of Labor Day, the Accidental Locavore would like you to take a closer look at an onion. Why an onion and why on Labor Day?

As it turns out, there is an awful lot of labor connected with something as everyday as an onion and with all food. Having completed my required hours at the Poughkeepsie Farm Project (my CSA) I am left with a renewed respect for the people who raise the food that we eat. It's hard work!

[Onions:](#)



Snow Pea Salad With Feta and Pine Nuts

My friend Denise gave the Accidental Locavore a mess of snow peas last week (along with a ton of stuff from her garden) and since it was the only thing we hadn't gotten around to eating, I decided to make an easy salad with the peas and brought it to her house for dinner the other night. This generously served 4 and came together in about 20 minutes.

[Snow Pea Salad:](#)





September Calendar

Two great bunches of garlic. [Click here](#) to download the calendar.

Huffington Post & The Daily Meal

The Accidental Locavore is now part of *Huffington Post*! [Click here](#) to follow on HuffPost. [And here](#) to see what I'm up to on *The Daily Meal*.

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