

Dear,

Please enjoy this week's newsletter. If you have a friend or two who might like the newsletter, why don't you suggest they <u>sign up</u> by forwarding this email? Or you can click the little envelope at the top right corner to send to a friend, Twitter, Facebook, or Linkedln.

Thanks, Anne



Why is Everything on Pinterest so Beige?

What general categories do you follow on Pinterest? The Accidental Locavore naturally follows a lot of food categories. Recently I've noticed a distressing trend, so much of what people are pinning is beige...golden brown if you insist, but actually beige. This is especially perplexing at a time of year when there are so many beautiful, colorful, fresh fruits and vegetables!

Beige food:

Need a Quick, Impressive Dinner? Rack of Lamb With Chiles

A long time ago, the Accidental Locavore learned that the easiest and most impressive thing you can cook is a roast. It really takes no effort and with an instant-read thermometer is essentially fool-proof. More recently, I've been cooking rack of lamb, which is easy and unlike bigger roasts, quick. This is a Mexican version from Rick Bayless that's grilled and I've adapted to serve 2. Get the recipe:





New This Week:

September Calendar

Celebrating the harvest's best produce! Click here to download the Accidental Locavore's September Calendar. To install it on Windows: Download and save the image where you can find it. Then: Control Panel/Personalization/Desktop Background and select the image. Or, just right click on the image and "Set as Desktop Background" Enjoy!

Blogging Boomers Carnival

Worried about arsenic levels in rice? How about some quick tips to improve your marriage or driving skills? This and lots more from this week's carnival:

Huffington Post

How exciting! The Accidental Locavore is now part of Huffington Post's Kitchen Daily! Click here to follow on HuffPost.

The **Accidental Locavore** is on **Pinterest** and **Alltop!** On Alltop, check us out under "food". Way under "food" but moving up! Scroll down towards the bottom of the page.

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