

Accidentallocavore®

Dear Friend,

You've probably never heard of [Hida beef](#), but if you want to know what a super-premium beef tastes like, see below.

I know, you're sick of [zucchini--not so fast](#). Adding mozzarella and prosciutto will make you change your mind!

My friend Janet asked me to guest post for *HVNN*. This time it's [all about apples](#).

The [September calendar](#) continues in that spirit with a beautiful bunch of produce from my CSA.

If you know anyone who is into food and fun, please ask them to [sign up for the newsletter](#) and get a treat every Tuesday. Or you can click the icons above to send to a friend, share on Twitter, Facebook, or LinkedIn.

If there's anything you'd like to see more (or less) of, you can always let me know by replying to the email or commenting on the blog.

Enjoy!

Anne



Hida Beef-A New Japanese Beef In NYC

Do you love red meat?
If you think you've eaten great beef, you probably have, but not as wonderful as the Hida beef at EN Japanese Brasserie!
The Accidental Locavore was invited for the launch of Hida beef in the US.
It's an incredibly rich, well marbled beef (think Kobe or Wagyu). [Read more:](#)

Zucchini, Mozzarella and Prosciutto

Zucchini, mozzarella and prosciutto.
Even if you think you've had enough zucchini now that it's cooling off, it's a great excuse to make this recipe!
Joyce, from Quattro's, our local butcher, gave me this recipe. It's super easy and might have served 4, but Frank and I ate the whole thing because there was no more room in the fridge for leftovers.
That's our story and we're sticking to it. [Get the recipe:](#)



Hudson Valley News Network

[Check out the piece](#) I did about local apples for my friend Janet's column in *Hudson Valley News Network*. Can you spot the non-local apples?



September Calendar

Produce from my CSA-beautiful right?
[Download the Calendar:](#)

Calendar

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