

Accidentallocavore®

Dear Friend,

How many New York State wines do you think there are? Enough to fill a tent at the Hudson Valley Wine & Food Fest! A quick and unexpectedly delicious vinaigrette for tomatoes below.

If you have a friend or two who might like the newsletter, why don't you suggest they sign up by forwarding this email? Or you can click the icons above the logo to send to a friend, Twitter, Facebook, or LinkedIn.

Enjoy!

Anne



Tomato Salad With Anchovy Vinaigrette

The only time the Accidental Locavore has been truly crazy about anchovies was years ago at Chez Panisse. Other than that, I use them for cooking and make sure there are not big, stinky, pieces floating around. So I was curious and a little leery when this recipe for tomatoes with anchovy vinaigrette started popping up. Why would anyone want to ruin a good tomato (especially when the season is so short)?

[Tomato Salad:](#)



A Visit to the Hudson Valley Wine & Food Fest

The Accidental Locavore was a recent guest at the Hudson Valley Wine & Food Fest. It's an annual opportunity to taste and discover New York State wines (and there are a lot of them!) along with offerings from local restaurants and food trucks. Along with all that, there are vendors of wine and food-related objects, such as hammocks (for when a nap is required), jerky and goat soap. I was very interested in a lanyard that clipped to your wine glass (but not \$5 interested), especially since one of the early etiquette lessons either I ignored or my mother never taught me, was how to balance a wine glass, plate, cutlery, napery, etc. in a buffet setting. It could be a great promo piece or hostess gift, if you hang out at a lot of buffets.

[Wine and Food Fest:](#)





September Calendar

Two great bunches of garlic. [Click here](#) to download the calendar.



Why Store Tomatoes Upside Down?

[Here's the answer.](#)

Huffington Post & The Daily Meal

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PO Box 1289 | Pleasant Valley, NY 12569-1289 US

