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Dear,

Please enjoy this week's newsletter. If you have a friend or two who might like the newsletter, why don't you suggest they sign up by forwarding this email? Or you can click the little envelope at the top right corner to send to a friend, Twitter, Facebook, or LinkedIn.

Thanks, Anne



Ricotta Ice Cream

After being inspired by the ricotta ice cream at Junoon, the Accidental Locavore decided that the end of summer (sob, sob) deserved some homemade ice cream. Turns out that the ricotta version is much easier than making classic ice cream. You don't need to make what is essentially a custard, let it chill and then freeze it, a two to three day process (if you have the patience and time)

to do it right. With the ricotta, you just run it through a food processor and ice cream maker <u>lce cream:</u>

The Top 7 Things on Baby Boomers' Minds

For this, the first full week back to school and work, the Accidental Locavore is hosting the Blogging Boomers Carnival. See what's on the minds of Baby Boomers worldwide (yup, that's right). Don't forget to chime in, comment and let us know which postings touched you. Top 7:





New This Week:

September Calendar

Celebrating the harvest's best produce! <u>Click here to download the Accidental Locavore's September Calendar</u>. To install it on Windows: Download and save the image where you can find it. Then: Control Panel/Personalization/Desktop Background and select the image. Or, just right click on the image and "Set as Desktop Background" Enjoy!

Huffington Post

How exciting! The Accidental Locavore is now part of Huffington Post's Kitchen Daily! <u>Click here</u> to follow on HuffPost.

The **Accidental Locavore** is on <u>Pinterest</u> and <u>Alltop</u>! On Alltop, check us out under "food". Way under "food" but moving up! Scroll down towards the bottom of the page.

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