



Dear ,

Please enjoy this week's newsletter. If you have a friend or two who might like the newsletter, why don't you suggest they [sign up](#) by forwarding this email? Or you can click the little envelope at the top right corner to send to a friend, Twitter, Facebook, or LinkedIn.

Thanks,  
Anne



#### **Cheese: Two Lessons in Love and Affinage**

A recent and disappointing cheese service taught the Accidental Locavore a couple of important lessons. First, the importance of affinage. People may scoff at the idea and think it's too precious to properly age cheeses (obviously they're not French), but an accidental (almost blind) taste test of the Cabot Clothbound Cheddar from Jasper Hill proved the value of this to me and my guests without a doubt!

[Cheese:](#)

#### **Duck Confit Shepherd's Pie Recipe Revisited**

If you're thinking this looks familiar, the Accidental Locavore has been revisiting this shepherd's pie recipe for a contest. Comfort food gets sophisticated in this grown-up shepherd's pie with kale and potatoes from the Greenmarket. I tossed together mashed potatoes, duck confit and kale, then topped with cheese for a decadent dinner.



[Get the recipe:](#)



#### **New This Week:**

##### **October Calendar**

Local Honey Crisp Apples grace the October Calendar: [Click here to download it.](#)

To install it on Windows: Download and save the image where you can find it. Then: Control Panel/Personalization/Desktop Background and select the image. Or, just right click on the image and "Set as Desktop Background" Enjoy!

##### **Passionate About Theater?**

Theater for the New City is having a benefit on October 11th. It's a great opportunity to see what goes on behind the scenes at an off-Broadway theater. Chat with the playwrights over drinks, dinner and then take your pick of current performances. [Click here for more information:](#)

##### **Blogging Boomers Carnival**

This week there's an emphasis on retirement. Can you? What does it look like? Who do you do it with?

[Find out on this week's carnival:](#)

## Huffington Post

How exciting! The Accidental Locavore is now part of Huffington Post's Kitchen Daily! [Click here](#) to follow on HuffPost.

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The **Accidental Locavore** is on [Pinterest](#) and [Alltop](#)! On Alltop, check us out under "food". Way under "food" but moving up! Scroll down towards the bottom of the page.

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