

Dear Friend,

Please enjoy this week's newsletter. To subscribe, <u>click here</u>. To get the blog sent directly to your inbox <u>click here</u>. <u>Let</u> <u>us know</u> what you think of the recipes, and how you like the newsletter. Click the little envelope at the top right corner to send to a friend, Twitter, Facebook, or LinkedIn.

Best, Anne



The Accidental Locavore on the Road: Fall in Maine

Hurricane Irene put an early (way too early) end to the Accidental Locavore's farm boxes. Heavily supplied with winter squash and missing the last of the tomatoes, Paul and I decided to put an end to the boxes. I may be the only person disappointed by the lack of Brussels sprouts, but they too, met an early and watery end. If anyone has great ideas for crook-neck, butternut or any other winter squashes, let me know, I've got quite the collection (or will swap for some heirloom tomatoes).

So I was happy to find the Rockland, Maine farmers' market loaded with a diverse selection of beautiful produce. As much as I don't like beets, you had to stop and admire bunches of multicolored beets next to similarly colored carrots. There were still tomatoes, corn, some bokchoy, cauliflower and that veg from another planet, romansco. Read more:

Fall in Maine II: the Accidental Locavore Eats Local

Do you think that the ratio of good restaurants to bad is consistent throughout the world? The Accidental Locavore was pondering this idea the other day. For every great restaurant in Paris is there a number of equally crummy ones? Or do certain chefs start to create order out of chaos?



Case in point: Rockland, Maine (for that matter the entire coast of Maine). Once kind of a dumpy town, certainly overshadowed by its glitzier sister-town, Camden (full of former CIA operatives), it's now become a cool place to be and certainly a much easier place to stumble upon interesting restaurants.

See what's good to eat:



New Features:

October Desktop Wallpaper Calendar

Click here to download the <u>Accidental Locavore's October Calendar</u>. To install it on Windows: Download and save the image where you can find it. Then: Control Panel/Personalization/Desktop Background and select the image. Or, just right click on the image and "Set as Desktop Background" Enjoy!

Walk to End Alzheimer's

My husband is walking to raise money to help end Alzheimer's on October 23rd. Please help him exceed his goal:



App of the Week Review: Cook's Illustrated

How similar is the *Cook's Illustrated* app to the magazine? If you love one, will you love the other? <u>Find out here:</u>

Blogging Boomers Carnival 227

Have you ever wondered what it's like to work in a book store? Or thought about a bucket list? The carnival has all the answers!

The **Accidental Locavore** is now on <u>Alltop</u>! Check us out under "food". Way under "food" but moving up! Scroll down towards the bottom of the page.

150 West End Ave 23H | New York, NY 10023 US

 $\label{eq:theta} This email was sent to \ .$ To ensure that you continue receiving our emails, please add us to your address book or safe list.

manage your preferences | opt out using TrueRemove®

Got this as a forward? Sign up to receive our future emails.

powered by

Subscribe to our email list

