

## Dear,

I hope you are safe and sound and Sandy is on her way out! Please enjoy this week's newsletter. If you have a friend or two who might like the newsletter, why don't you suggest they sign up by forwarding this email? Or you can click the little envelope at the top right corner to send to a friend, Twitter, Facebook, or LinkedIn.

Thanks, Anne



## **Pinterest Love Still Needed!**

This <u>great recipe</u> for Duck Confit Shepherd's Pie is a semi-finalist in a contest to get an app developed. Wouldn't your life be so much better with an Accidental Locavore recipe app? Please go to this link and re-pin and like the shepherd's pie. Although you can only like and re-pin once,

you've got a lot of friends, don't you? Many thanks!

## Top Things Too Stinky to Cook?

Along the lines of "the grass is always greener" must be something about cooking. If you have to, you don't want to and if you can't, you obsess over what you could be concocting. Recently the Accidental Locavore has been in the middle of selling the city apartment. One of the sales tips we were given was not to cook fish or Indian food during the sales process. So I dutifully moved all the Indian spices to the country (out of sight, out of mind) and bypassed the fish counter at Whole Foods. But the joke was on me, because what did I end up eating (out) all week?

Find out:

## Mexican Green Rice Recipe

This is an easy way of jazzing up rice, I learned to make a long time ago from my friend Rlcardo and works well with the Accidental Locavore's Shrimp la Vieuda. You can use any combination of green things that suit your fancy. This will serve 4 as a side dish.

Get the recipe:



## **New This Week:**

#### **November Calendar**

Clowning around in the Thanksgiving parade for the November Calendar (can you spot me?): Click here to download it.

To install it on Windows: Download and save the image where you can find it. Then: Control Panel/Personalization/Desktop Background and select the image. Or, just right click on the image and "Set as



Desktop Background" Enjoy!

# **Blogging Boomers Carnival**

Welcome a new blogger, Helene Bludman to the group and congratulate Laura Lee on the fifth anniversary of her blog!

Join the carnival:

## My Day With Sandra Lee

Here's the video from the LG event with Sandra Lee.

## **Huffington Post**

How exciting! The Accidental Locavore is now part of Huffington Post's Kitchen Daily! <u>Click here</u> to follow on HuffPost.

The **Accidental Locavore** is on **Pinterest** and **Alltop!** On Alltop, check us out under "food". Way under "food" but moving up! Scroll down towards the bottom of the page.

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