

Accidentallocavore®

Dear Friend,

Ever wonder about [which apples are the best](#) for what? This guide should give you some answers.

My latest piece for [Organic Hudson Valley](#) is up, this time it's an Italian restaurant in New Paltz.

Fall salads are never out of the question with these beautiful lettuces from Obercreek Farm gracing the [October Calendar](#).

Don't forget about the other venture, [Hudson Valley Eats](#). We're taking on the food scene in the Hudson Valley--restaurants, distilleries, markets, farms, all of it.

Wouldn't your food loving friends like to get a treat every Tuesday? Forward this to them and they [can sign up for the newsletter](#). Or click the icons above to send to a friend, share on Twitter, Facebook, or LinkedIn.

Enjoy!

Anne



Apples: What Are Your Favorites?

What's your favorite apple?

Do you like them sweet and Delicious (pun intended)?

A classic McIntosh?

Or do you just want to have a good time with a Gala?

[Read more:](#)



Organic Hudson Valley Magazine

This month we check out an Italian restaurant in New Paltz.

[Read More:](#)



October Calendar

These beautiful fall leaves are actually salad greens from Obercreek Farm.

[Download the Calendar.](#)

[Calendar](#)

Accidental Locavore *Live!*

This week I was taking a break and eating lobsters in Maine.

Next week, learn how easy it can be to make your own pickles and kraut.

Tune in at 5:00 EDT Mondays. [www.pawlingpublicradio.org](#) or listen anytime on [our homepage](#).

Accidental Locavore

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