

# Accidentallocavore®

### Dear Friend,

If you call something the "<u>best burger in America</u>" you'd better be able to back up that claim! So, is it?

This <u>apple cake</u> is definitely one of the best!

<u>A guest post</u> for Hudson Valley News Network is below, but no radio show next week, we've been pre-empted by Halloween.

This month's calendar features some unusual pumpkins I found at a farmers market in Maine.

If you know anyone who is into food and fun, please ask them to <u>sign up for the newsletter</u> and get a treat every Tuesday. Or you can click the icons above to send to a friend, share on Twitter, Facebook, or LinkedIn.

If there's anything you'd like to see more (or less) of, you can always let me know by replying to the email or commenting on the blog.

Enjoy!

Anne



### The Best Burger in America

You know you'd better watch it before you start tossing out superlatives like "the best burger in America."

But, according to Forbes (and reaching my desk via Rural Intelligence) the best burger in America is in Great Barrington, Massachusetts. <u>Read More:</u>

### Apple Cake

The idea of a fruit CSA had its appeal. Apples and other fresh fruit, weekly. Shared with friends since 8 pounds of fruit was going to be too much. Even 4 pounds is a lot of fruit, but this delicious apple cake will take six of them off your hands.

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Get the recipe:



### One Onion at a Time

If you look in your refrigerator will see a little of everything and a lot of nothing. You don't want to throw out the leftovers. You know that food waste is a huge problem in this country.

We all know it.

Read more:

## Accidental Locavore Live!

No show on Halloween, but you can catch up on <u>our homepage</u>.

Tune in at 5:00 EDT Mondays. <u>www.pawlingpublicradio.org</u> or listen anytime on <u>our homepage</u>.



### **October Calendar**

Beautiful black pumpkins from a Maine farmers market.

Download the Calendar:

Calendar

#### Accidental Locavore

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