



Dear ,

Please enjoy this week's newsletter. If you have a friend or two who might like the newsletter, why don't you suggest they [sign up](#) by forwarding this email? Or you can click the little envelope at the top right corner to send to a friend, Twitter, Facebook, or LinkedIn.

Thanks,
Anne



Pinterest Love Still Needed!

This [great recipe](#) for Duck Confit Shepherd's Pie is a semi-finalist in a contest to get an app developed. Wouldn't your life be so much better with an Accidental Locavore recipe app? Please [go to this link](#) and re-pin and like the shepherd's pie. Although you can only like and re-pin once, you've got a lot of friends, don't you?
Many thanks!

Suffering From Appliance Envy, Courtesy of LG!

Do you ever watch black town cars whisking people around and wonder who's inside? Last week the Accidental Locavore was one of those people, courtesy of LG Appliances. In between eating some wonderful food at Empellon and Meatball Madness, LG had asked me to take part in a friendly competition to promote three of their new refrigerators and benefit Share Our Strength. [Appliance Envy:](#)



April Bloomfield's Lamb Meatballs

Although after the last blog, you might think the Accidental Locavore had enough meatballs to last for a while (and you would be right, clever reader), however I made these shortly after seeing April Bloomfield speak at the James Beard House. She said she obsessed over them in writing her cookbook, so I do feel a little guilty not sticking to the recipe she felt she perfected, but I was trying to speed up the process. [Get the recipe:](#)



New This Week:

October Calendar

Local Honey Crisp Apples grace the October Calendar: [Click here to download it.](#)
To install it on Windows: Download and save the image where you can find it. Then: Control Panel/Personalization/Desktop Background and select the image. Or, just right click on the image and "Set as Desktop Background" Enjoy!

Blogging Boomers Carnival

A Friday "fix", top Halloween costumes, a walking tour of Dubai and more this week.

[Join the carnival:](#)

Mint.com

Looking for some great ideas for your slow cooker? From bread to cake and everything inbetween, [check out the Frugal Foodie](#) and see the Accidental Locavore's contribution.

Huffington Post

How exciting! The Accidental Locavore is now part of Huffington Post's Kitchen Daily! [Click here](#) to follow on HuffPost.

The **Accidental Locavore** is on [Pinterest](#) and [Alltop](#)! On Alltop, check us out under "food". Way under "food" but moving up! Scroll down towards the bottom of the page.

150 West End Ave 23H | New York, NY 10023 US

