



Dear Friend,

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Best,  
Anne



### Duck Confit Shepherd's Pie for the Charcutepalooza October Challenge

What makes the difference between a pot pie and a shepherd's pie\*? And why should we care? Ever since the Accidental Locavore got a set of small gratin pans, I've been entranced with the idea of individual gratins, Parmesans, pies etc. It works on the same principal as wrapping something in parchment: everyone gets a cute little dish with yummy food in front of them.

For the October Charcutepalooza challenge, we were tasked with making confits, rillettes or galantines. Now, the Accidental Locavore doesn't need much arm-twisting to poach (almost anything) in fat for a long period of time. Delicious? [Click here to find out:](#)

### How Do You Make A Masterpiece? Point Reyes II

When humans want to make an offspring, it's pretty simple; egg, sperm, nine month incubation. The Accidental Locavore was wondering while tasting the second piece of the new masterpiece from Point Reyes Farmstead, how exactly do you design a cheese? What's the jumping-off point? Does it start with a cow, goat or sheep, or all of the above?

[What does it take to make a masterpiece?](#)



### New Features:

#### October Desktop Wallpaper Calendar

Click here to download the [Accidental Locavore's October Calendar](#). To install it on Windows: Download and save the image where you can find it. Then: Control Panel/Personalization/Desktop Background and select the image. Or, just right click on the image and "Set as Desktop Background" Enjoy!

#### Walk to End Alzheimer's

My husband is walking to raise money to help end Alzheimer's on October 23rd. [Please donate, even \\$5 is greatly appreciated!](#)

#### App of the Week Review: Announcing App of the Year Awards

I'm a judge in the first Food App of the Year Awards. If you know of a worth food or beverage app, please let them know about this. First entry is free and needs to be in by October 28.

[More info:](#)



### School Food 2011:

Was I surprised when I went to pick basil with the students at the Columbia Secondary School. What a bunch of great kids, a beautiful garden in what was a vacant lot on 119th Street and pesto for lunch the next day.

[Read more here:](#)

### Blogging Boomers Carnival 229

Our newest and most exotic Blogging Boomer, Katie is hosting this week from Dubai.

[Come to the carnival:](#)

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The **Accidental Locavore** is now on [Alltop](#)! Check us out under "food". Way under "food" but moving up! Scroll down towards the bottom of the page.

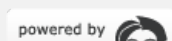
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