Accidentallocavore®

Dear Friend,

Did you catch my first radio show yesterday? If not, don't fret, it will be rebroadcast Friday at noon Eastern time. All the details and a preview of next week's show are below.

Typing has been really hard (due to some nasty poison ivy) so this week's recipe is a repeat of a simple and delicious apple relish. Grab a couple of your favorite apples and give it a try.

I feel like I've been saying this every month, but do you believe it's October? This month's <u>calendar</u> features some unusual pumpkins I found at a farmers market in Maine.

If you know anyone who is into food and fun, please ask them to sign up for the newsletter and get a treat every Tuesday. Or you can click the icons above to send to a friend, share on Twitter, Facebook, or LinkedIn.

If there's anything you'd like to see more (or less) of, you can always let me know by replying to the email or commenting on the blog.

Enjoy!

Anne



Accidental Locavore Live!

The Accidental Locavore has exciting news! I'm going to be hosting a weekly radio show, The Accidental Locavore Live! on Pawling Public Radio.

The show will air live Mondays, 5-5:30 pm Eastern Time and rebroadcast on Fridays, 12-12:30 pm. If you're in the neighborhood of Pawling, it's WPWL, 103.7 FM.

For most of you, better to livestream it: www.pawlingpublicradio.org.

Read more: and see below for next week's show info.

A Local Apple Relish Recipe

This apple relish came last year when I was playing golf with friends, it's simple and a nice way to use up a couple of apples.

The Accidental Locavore decided on a condiment to go with the two chèvres I had from Goat Cheeses of France and made a simple relish for the cheeses. This made about 2 cups. Get the recipe:







Accidental Locavore Live!

October 17th we'll be talking about pumpkins and how pumpkin spice whatever has taken over. If you're tempted to buy some small pumpkins to decorate with, buy them (but make sure they're edible) I'll give you an easy recipe to turn them into dinner.

Tune in at 5:00 EDT Mondays. www.pawlingpublicradio.org





October Calendar

Beautiful black pumpkins from a Maine farmers market.

Download the Calendar:

Calendar

Accidental Locavore

PO Box 1289 | Pleasant Valley, NY 12569-1289 US

