

Accidentallocavore®

Dear Friend,

Maybe tonight you need some easy comfort food? Try this [5 ingredient recipe](#) for sausage and cabbage.

I've talked about [Carnivore Club](#) before. If you've started thinking about holiday shopping, this might make it easier.

"Below the fold" read my most [recent article for Westchester Magazine](#) and see who's next up on the radio show.

Some spices that might grace your Thanksgiving table are [this month's calendar](#).

If you know anyone who is into food and fun, please ask them to [sign up for the newsletter](#) and get a treat every Tuesday. Or you can click the icons above to send to a friend, share on Twitter, Facebook, or LinkedIn.

If there's anything you'd like to see more (or less) of, you can always let me know by replying to the email or commenting on the blog.

Enjoy!

Anne



Carnivore Club: The Latest Box

While you may think it's way too early to start thinking about Christmas shopping, someone you know has probably gotten it all done already. Here's a terrific idea and you don't even have to leave the comfort of your keyboard. [Read More:](#)

5 Ingredient Sausage and Cabbage Casserole

5 ingredient sausage and cabbage seemed like a good fall dish, since I had a couple of those cute pointy cabbages from my CSA and sausage in the freezer.

Then it was 80°.

The Accidental Locavore waited until the temperature shot back down and gave this a try.

[Get the recipe:](#)



Westchester Magazine

Meet Leslie Lampert and see why she wants you to replace your afternoon coffee with a hot cup of bone broth. [Read more:](#)

Accidental Locavore *Live!*

If you missed Patty Wineapple of Half Moon Theater, you can catch up on [our homepage](#).

Coming up on November 14th charcuterie talk with Carnivore Club and some other gift-giving ideas.

Tune in at 5:00 EDT Mondays. [www.pawlingpublicradio.org](#) or listen anytime on [our homepage](#).



November Calendar

How many of these spices will you use for Thanksgiving?

[Download the Calendar:](#)

Calendar

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