

Accidentallocavore®

Dear Friend,

Here in the Hudson Valley we're in the middle of Restaurant Week and last week we had a [couple of good dinners](#) at some well-known restaurants.

In between, I revisited one of my [favorite mealball recipes](#). What makes it special?

I was making some potato leek soup recently and thought these leeks deserved a photo. They're now the [November calendar](#). And [here's a link to the recipe](#).

Don't forget about the other venture, [Hudson Valley Eats](#). We're taking on the food scene in the Hudson Valley--restaurants, distilleries, markets, farms, all of it.

Wouldn't your food loving friends like to get a treat every Tuesday? Forward this to them and they [can sign up for the newsletter](#). Or click the icons above to send to a friend, share on Twitter, Facebook, or LinkedIn.

Enjoy!

Anne



Making the Most of Hudson Valley Restaurant Week

Hudson Valley Restaurant Week, like other restaurant weeks has been around for a while.

And like other restaurant weeks, there are always places that try to get away with as little as possible (in hopes that you'll order off the regular menu) and places that strive to please.

We were lucky enough to hit two that went above and beyond.

[Where we we eating?](#)



Veal Meatballs With Baby Artichokes

When the cool weather comes, I always want to make these meatballs, but baby artichokes aren't always around.

You can use frozen artichoke hearts, but fresh ones are worth the effort.

[Making meatballs.](#)



November Calendar

Farm fresh leeks, sliced up for potato leek soup deserved a photo.

[Download the Calendar.](#)

Calendar

Accidental Locavore *Live!*

This week we're talking bread with the Pawling Bread Company.

Next Monday my guest will be from one of our favorite lunch spots, Jeanie Bean's and it should be a lot of fun!

Tune in at 5:00 EDT Mondays. [www.pawlingpublicradio.org](#) or listen anytime on [our homepage](#).

Accidental Locavore

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