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Accidentallocavore®

Dear Friend,

Friends of mine had their song chosen for an upcoming skating show, so we deviate a bit this week to look at how skaters choose music. Back to food, a terrific soup recipe-just what we need for this cold weather!

Why don't you invite your friends [to sign up](#) for the newsletter? My goal is to double the readership, so if everyone reading this can get a friend to sign up...Or you can click the icons above the logo to send to a friend, Twitter, Facebook, or LinkedIn.

Enjoy!

Anne



Return To Me: Skating and Songs

Besides food, the Accidental Locavore is also passionate about skating! In the upcoming Musselman's Apple Sauce Family Skating Tribute Show (airing November 23rd and again on December 7th from 4-6 PM EST on ABC), Katia Gordeeva, her daughter Liza and husband Ilia Kulik, skate to a wonderful piece of music, Return to Me, by the group October Project. This year, for the first time, all Olympic-eligible skaters can now skate to music with lyrics, so doesn't it make you curious as to how, among all the great songs, spanning centuries, this piece got chosen, and how skaters choose their music?

[Skaters:](#)



Roasted Potato Leek and Garlic Soup

Accidental Locavore Roasted Leek and Potato Soup After a few wonderful bowls of soup at this year's Soup-a-Bowl (the annual benefit for the Poughkeepsie Farm Project), the Accidental Locavore's husband was heard muttering about how he'd like some of that potato leek soup with the roasted garlic. And when he came back from the farm with leeks and potatoes, I knew he was serious! This is mostly from a recipe of Ina Garten's I found. Serves 6.

[Roasted Potato Leek Soup:](#)



France Today

[Click here](#) for the most recent piece in *France Today*.



November Calendar

Doesn't this cauliflower cake put a smile on your face? Recipe next week.

[Download the calendar:](#)

Huffington Post & The Daily Meal

The Accidental Locavore is now part of *Huffington Post*! [Click here](#) to follow on HuffPost. [And here](#) to see what I'm up to on *The Daily Meal*.

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