

Dear Friend,

Please enjoy this week's newsletter and pass it on to a friend. <u>Let us know</u> what you think of the recipes, and how you like the newsletter.

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Thanksgiving Disasters, Have You Ever Lost a Turkey?

Most Americans prefer white meat turkey. Strangely enough, the Accidental Locavore's family is primarily a dark meat chicken or turkey group. One year at Thanksgiving we had about a dozen people for dinner, and when we were done, the back of the turkey looked like it had been dipped in acid, not a morsel left, but the breast was almost totally intact. The following year I thought I was being smart by ordering a turkey and four extra legs so there would be plenty of dark meat for all. Went to the store, and picked up two enormous (and expensive) bags with the turkey in them.

Read more:



Recipe: Pork Chops With Mustard and Cornichons

There's a lot of great local pork these days. Here's a delicious recipe for pork chops with Dijon mustard and French cornichons. Pair it with some mashed potatoes and a vegetable, and you've got an easy, impressive dinner. People who know the Accidental Locavore know, I'm a sucker for

anything French and this comes from Burgundy, where the grape pickers would eat it after a long day picking all those grapes, so enjoy your favorite Burgundy or Pinot Noir with it.

Get the recipe:

This month in the **EcoPlum newsletter** I talk about preserving and pickling, and getting over my fear of both...

What about cooking scares you? There's very little that frightens me, or ever has. I'll make anything for anyone at any time. If it works, great, if not, there's always delivery. However, when you get into preserving food, there are a lot of scary bits, right?



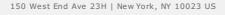
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Please help! I've been working really hard on getting the website ready to launch. Please "Like" the Accidental Locavore on Facebook so we can have our own link.

Click here or paste this in your browser: http://www.facebook.com/accidentallocavore Many thanks!

Don't forget to check out this week's <u>Blogging Boomer Carnival</u>. Hot topics this week include why some men go through midlife crisis and others don't. It gets blamed on the women, of course





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