



Dear ,

Have you thought about joining a CSA? Find some hints below on how to pick one. Following up on the Rachel Khoo piece, here's a recipe for croque madame muffins (which might be a great Mother's Day brunch idea). If you have a friend or two who might like the newsletter, why don't you suggest they [sign up](#) by forwarding this email? Or you can click the little envelope at the top right corner to send to a friend, Twitter, Facebook, or LinkedIn.

Enjoy!
Anne



6 Ideas for Picking a Great CSA

While you may not realize it, the Accidental Locavore has never formally been a part of a CSA (a CSA, if you're not familiar with it, stands for community sponsored agriculture and is essentially a pre-paid pot-luck share of the farm's bounty). Mostly I was spoiled in the beginning by having my own personal farmer/shopper/CSA with my farmer down the road. What he didn't have (which was very little) I could always supplement with an occasional trip to the Greenmarkets in the city.

[See how to pick a CSA:](#)

Croque Madame Muffins: A Great Brunch Recipe!



Although the Accidental Locavore never has white bread in the house, for this recipe from Rachel Khoo's great book *The Little Paris Kitchen*, I snuck out and bought a loaf. As with anything this simple, the better your ingredients, the better tasting the results. This is her version of a croque madame, which is traditionally a croque monsieur with a fried egg on top. The sauce will serve 6, it's up to you to make as many "muffins" as you'd like. It should take you less than an hour from start to finish.

[Croque Madame Muffins:](#)

May Calendar

Now that spring produce is showing up, how about some asparagus? What's your favorite way to prepare them?

To use as your desktop wallpaper in Windows: Download and save the image where you can find it. Then: Control Panel/Personalization/Desktop Background and select the image. Or right-click on the image and choose "Set as Desktop Background" Enjoy!

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Huffington Post & The Daily Meal

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The **Accidental Locavore** is on [Pinterest](#) and [Alltop](#)! On Alltop, check us out under "food". Way under "food" but moving up! Scroll down towards the bottom of the page.

