



Accidentallocavore®

Dear Friend,

What's it like to get an insider's view of Monaco? See what happens when we go out on the town in Monte Carlo. Having company for Memorial Day? Here's an easy, healthy snack with chickpeas.

Thanks to Eileen for spreading the goodness on Facebook! Why don't you invite your friends to sign up for the newsletter? My spring goal is to double the readership, so if everyone reading this can get a friend to sign up...Or you can click the icons above the logo to send to a friend, Twitter, Facebook, or LinkedIn.

Enjoy!

Anne



An Insider's Look at Monaco

Picture this: you're on your way to dinner, parking the car and before you find a spot, you've passed row after row of Ferraris, Maseratis, Bentleys and a Bugatti or two! This was the Accidental Locavore's recent "insiders" introduction to dinner in Monaco. It really makes you wonder how many hundreds of millions of dollars in rare automobiles are parked in the Principality. We were there to meet some friends and have dinner at their club – the Automobile Club de Monaco.

Monaco:



Garlic Chickpea Snacks

The Accidental Locavore keeps reading about how healthy chickpeas are for snacking so the other night, when friends were coming over for dinner, I thought I'd try a batch (always good to have guinea pigs...). This is from Bon Appetit and is quick and easy.

Chickpeas:







May Calendar

What says spring better than peas and artichokes?

Download the calendar:

Huffington Post & The Daily Meal

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