

Accidentallocavore®

Dear Friend,

Have you ever thought you really knew an iconic place, only to [find out there was a secret](#) (and a delicious one at that)?

The newsletter is going to be a little shorter now as I'm going to be posting blogs only once a week so I can focus on a new venture, [Hudson Valley Eats](#). Check it out and if you're on Facebook etc. please "like" it. We're taking on the food scene in the Hudson Valley--restaurants, distilleries, markets, farms, all of it.

So you don't feel deprived of a recipe this [lamb and spinach curry](#) will make good use of some local spinach (and lamb).

Asparagus always means spring and these white ones make a [beautiful May calendar](#) for your desktop.

Wouldn't your food loving friends like to get a treat every Tuesday? Forward this to them and they [can sign up for the newsletter](#). Or click the icons above to send to a friend, share on Twitter, Facebook, or LinkedIn.

Enjoy!
Anne



Chef's Tasting Table at Mohonk Mountain House

Mohonk Mountain House is one of the Hudson Valley's iconic hotels and has been a favorite place to stay for almost 150 years. There's plenty to do to build up an appetite and a massive dining room to enjoy a meal. But everyone knows that.

[Read more.](#)



Lamb Curry With Spinach

Okay, by now you might be getting weary of yet another recipe from *Made In India*, but I'm telling you, it's one of the best cookbooks that's crossed my path since David Lebonitz's *My Paris Kitchen*. This time it's a lamb stew/curry with baby spinach—perfect for spring!

[Get the recipe.](#)



May Calendar

Asparagus comes in many colors, and is always a sign of spring!

[Download the Calendar.](#)

Calendar

Accidental Locavore *Live!*

If you enjoyed the article about the water from trees, don't miss my interview with the CEO, Adam Lazar.

Next Monday I've got my friend and partner in [HudsonValleyEATS.com](#), Janet Irizarry and we'll give you a sneak peek at the new website.

Tune in at 5:00 EDT Mondays. [www.pawlingpublicradio.org](#) or listen anytime on [our homepage](#).

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PO Box 1289 | Pleasant Valley, NY 12569-1289 US



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