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Dear Friend,

This week I got a sneak preview of the new movie *Chef*, grilled a nice hunk of London Broil and was invited to learn how to hunt. How did it all turn out? See below.

Will you please help me spread the goodness and invite your friends [to sign up](#) for the newsletter? My spring goal is to double the readership, so if everyone reading this can get a friend to sign up...Or you can click the icons above the logo to send to a friend, Twitter, Facebook, or LinkedIn.

Enjoy!

Anne



***Chef*, the Movie**

Just for fun, the other night the Accidental Locavore cruised over to the Culinary Institute of America for a screening of *Chef*, Jon Favreau's new movie. In these parts the Culinary Institute is known as the CIA, so if you're ever in the Hudson Valley and hear people talking about the CIA, they're not paranoid, probably just hungry. But I digress...

[Chef:](#)



What to do With London Broil?

Looking for any excuse to grill last weekend, the Accidental Locavore found a pile of London broil in the freezer from our beef share from Brykill Farms. I found this recipe on the Food Republic site and went to work. Having some red wine left over from dinner was helpful-otherwise just open what you'll drink with the steak. This is pretty easy; just leave time for the meat to marinate.

[London Broil:](#)

Hunting

I got an interesting invitation to learn to hunt last week. If you're in the area of NYC and want to learn what you need to know to start hunting, [check out this lecture](#) the 19th. I can't make it, but will definitely get to the next one. If you tell Fisher you read it in the newsletter, he might give you a discount (but it's already a reasonable \$15) and let me know how it was!



May Calendar

What says spring better than peas and artichokes?

[Download the calendar:](#)

Huffington Post & The Daily Meal

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