



Dear Friend,

Happy Spring! There are so many reasons I could never eat vegan and a few of them are below along with a recipe that delights in having almost no vegan ingredients!

One week (or so) for the March calendar-something green for spring.

If you know anyone who is into food and fun, please ask them to sign up for the newsletter and get a treat every Tuesday. Or you can click the icons above to send to a friend, share on Twitter, Facebook, or LinkedIn.

If there's anything you'd like to see more (or less) of, you can always let me know by replying to the email or commenting on the blog.

Enjoy!

Anne



Do You Eat Vegan? Why I Can't

Recently, my mother gave me a copy of the Peta Vegan Starter Kit, a magazine to get you started on a vegan diet. Now, the Accidental Locavore loves cheese and meat, so the chances of me going vegan are slim to none. It's a free country and if you choose to eat vegan, that's your choice (like supporting certain loud-mouth politicians), but don't expect me to. Read more:

Hot Caramelized Onion and Bacon Dip

How could you resist a dip that has caramelized onions, bacon and crème fraîche? The Accidental Locavore couldn't and an invitation to friend's for dinner gave me the perfect opportunity. No dinners? There's always March Madness! Read more:









March Calendar

Lots of green for spring! Lettuces from the market. Download the Calendar:

Calendar

add contact information here

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