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Anne

Can Spa Food Be Delicious? Absolutely!

This week, the Accidental Locavore has a great guest blogger. If you've ever wondered why these blogs are (relatively) mistake-proof, it's because of my good friend, editor and this week, guest blogger, Lisa. She and her good friend Ellen were at Miraval spa for a few days and wanted to share their food experiences there. I'm sure there were some exercise classes and an occasional massage tossed in too...or maybe they just ate for three days.

What do you think?

Accidental Locavore Shops New York Mouth: Local Artisanal Products

Don't you often wonder how you discover certain things? The Accidental Locavore has no idea where she heard of New York Mouth, however, it's a great site, devoted to artisanal, small-batch and generally local purveyors.

For a project, the Locavore has been exploring food-related websites – comparing them for gastro-porn (how tempting the photography is), amusing copy, interesting product mixes and ease of ordering and, when the boxes arrive, how well the packages promote the brand and how the food is wrapped. How did New York Mouth deliver?



New This Week:

March Desktop Wallpaper Calendar

<u>Click here</u> to download the Accidental Locavore's March Calendar. To install it on Windows: Download and save the image where you can find it. Then: Control Panel/Personalization/Desktop Background and select the image. Or, just right click on the image and "Set as Desktop Background" Enjoy!

Blogging Boomer's Carnival 252

Long lost lovers, cool sites, see what the Boomers are up to this week.

Spring Produce

What does the Locavore do with asparagus? Check out the mention on mint.com.

Pinterest

Have you explored Pinterest yet? It's so interesting with many beautiful photos to inspire you to cook, travel decorate and more. Follow Anne and see the locavore "pins". Check it out:

The **Accidental Locavore** is now on <u>Alltop</u>! Check us out under "food". Way under "food" but moving up! Scroll down towards the bottom of the page.

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