



Dear ,

For this cold, almost-spring week, one of my favorite restaurants and a super easy shrimp recipe. If you have a friend or two who might like the newsletter, why don't you suggest they [sign up](#) by forwarding this email? Or you can click the little envelope at the top right corner to send to a friend, Twitter, Facebook, or LinkedIn.

Enjoy!
Anne



Café les Baux: French Bistro Dining in Dutchess County

It's occurred to the Accidental Locavore that there's an awfully good restaurant that I've never written about. We've been going to Café les Baux for years, and while the reception there is always warm and friendly, it's interesting that we don't share the same easy familiarity with them that we do with other places.

So, does that mean we only go there for the food???

[Bistro:](#)

Easy Shrimp and Hot Sauce Recipe

A long time ago, the Accidental Locavore and friends used to go down to Costa Careyes, in Mexico. It's a beautiful spot, a few hours drive south from Puerto Vallarta, and at that point in time, undiscovered and unspoiled. One of the things I have always liked about the Mexican coastline, is the number of small seaside shacks, serving amazing seafood. This shrimp dish is my attempt to duplicate the incredible shrimp served at La Vieuda a tiny place just outside Careyes.

[Shrimp:](#)



March Calendar

These beautiful eggs are from Brykill Farms and they taste as good as they look!

To use as your desktop wallpaper in Windows: Download and save the image where you can find it. Then: Control Panel/Personalization/Desktop Background and select the image. Or right-click on the image and choose "Set as Desktop Background" Enjoy!

[Download Calendar:](#)

American Winter

If you get HBO, or know someone who does, please check out my cousins' documentary: [American Winter](#). It is a timely documentary that follows the personal stories of families struggling in the worst economic downturn since the Great Depression.

How to Make 6 Pantry Staples at Home

If you've always wondered about making your own yogurt and granola, not to mention potato chips, check out my recent article on [The Daily Meal](#) and get all the recipes.



Huffington Post & The Daily Meal

How exciting! The Accidental Locavore is now part of Huffington Post's Kitchen Daily! [Click here](#) to follow on HuffPost. And [here](#) to see what I'm up to on the Daily Meal.

The **Accidental Locavore** is on [Pinterest](#) and [Alltop](#)! On Alltop, check us out under "food". Way under "food" but moving up! Scroll down towards the bottom of the page.

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