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Dear,

Hope you had a great holiday weekend! Please enjoy this week's newsletter. If you have a friend or two who might like the newsletter, why don't you suggest they sign up by forwarding this email? Or you can click the little envelope at the top right corner to send to a friend, Twitter, Facebook, or LinkedIn.

Thanks, Anne



Grilling Everything: What Works, What Doesn't

Like bacon going with everything, there are people out there who believe that grilling is the answer to all food preparation. While the Accidental Locavore loves not having to scrub pans, some things (like the <u>grilled Caesar salad</u>) are surprisingly tasty, some are not really worth grilling, and others are just fun to toss on if you've got a fire going. In honor of Labor Day, I decided to grill a couple of things I was curious about, lemons for a vinaigrette, and avocados.

Grilling:

Best Sweets From Surprising Sources

Readers familiar with the Accidental Locavore know that I'd much sooner write about (almost any) cheese and usually am a little lax on the sweeter segment of the food chain. Recently, I've had some awfully good sweets from unexpected sources. Sweet...





New This Week:

September Calendar

Celebrating the harvest's best produce! <u>Click here to download the Accidental Locavore's September Calendar</u>. To install it on Windows: Download and save the image where you can find it. Then: Control Panel/Personalization/Desktop Background and select the image. Or, just right click on the image and "Set as Desktop Background" Enjoy!

BBC 275

What are the Boomers doing this last week of summer? Celebrating Labor Day, getting hit with a frying pan (I didn't do it!), <u>come see what's up!</u>

What's in my Pantry?

I'm guest blogging for Jennifer McClanahan-Flint this week. She wanted a peek into my pantry. <u>Curious?</u>

Huffington Post

How exciting! The Accidental Locavore is now part of Huffington Post's Kitchen Daily! <u>Click here</u> to follow on HuffPost.

The **Accidental Locavore** is on **Pinterest and Alltop!** On Alltop, check us out under "food". Way under "food" but moving up! Scroll down towards the bottom of the page.

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