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Accidentallocavore®

Dear Friend,

Don't you love getting boxes of food (especially good food) delivered to your doorstep? Check out one of my recent arrivals below.

One of my favorite things to do with peaches is the recipe for caramelizing them below. Don't forget to check out the new venture, Hudson Valley Eats. We're taking on the food scene in the Hudson Valley--restaurants, distilleries, markets, farms, all of it.

I adore cherries, don't you? Download these beauties for the June calendar.

Wouldn't your food loving friends like to get a treat every Tuesday? Forward this to them and they <u>can sign up for the newsletter</u>. Or click the icons above to send to a friend, share on Twitter, Facebook, or LinkedIn.

Enjoy! Anne



What's a Lemon LuLu Cake? I'd never heard of a Lemon LuLu Cake, but happily, that changed recently. To me, there's nothing better than a surprise package arriving on my doorstep with something delicious inside! Sweet or savory, packages bearing food are always welcome! Also great is finding out about something yummy that you didn't even know existed. Mother Myrick's, of Manchester, Vermont, happily filled both those roles recently.

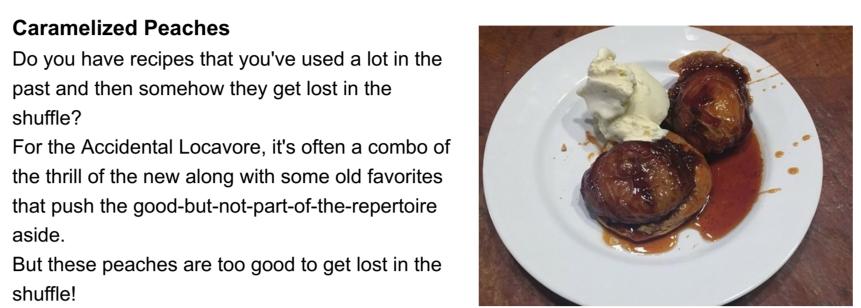
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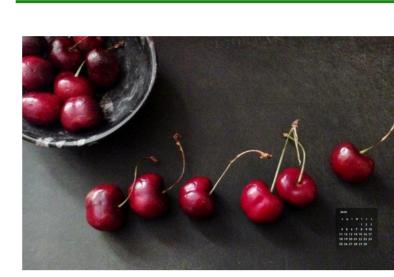
Caramelized Peaches Do you have recipes that you've used a lot in the

past and then somehow they get lost in the For the Accidental Locavore, it's often a combo of the thrill of the new along with some old favorites

But these peaches are too good to get lost in the shuffle!



Get the recipe:



June Calendar How about these beautiful cherries? Download the Calendar:

Accidental Locavore Live!

Next Monday we're going to be looking forward to the Victory Cup Polo matches and the Farm Bash Food Tasting with one of the sponsors, Edible Hudson Valley.

This week torrential downpours and the fear of flooded roads made the show a re-run.

Tune in at 5:00 EDT Mondays. www.pawlingpublicradio.org or listen anytime on our homepage.

Accidental Locavore

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