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Dear Friend,

One of the joys of summer is all the fresh produce, but there comes a time in everyone's life when you just can't think of another thing to do with zucchini. This week we take a look at a great guide to all the goodies from your CSA or Farmers' Markets.

I was looking for a side dish to go with some grilled chicken and remembered this super easy chickpea salad. Give it a try.

Don't forget to check out the new venture, Hudson Valley Eats. We're taking on the food scene in the Hudson Valley--restaurants, distilleries, markets, farms, all of it.

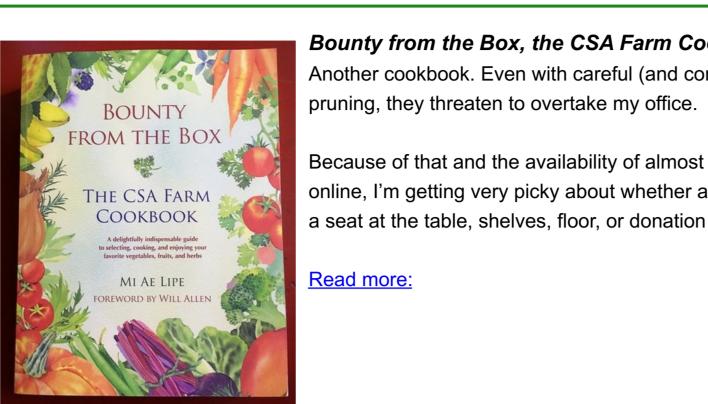
I adore cherries, don't you? Download these beauties for the June calendar.

Wouldn't your food loving friends like to get a treat every Tuesday? Forward this to them and they can sign up for the newsletter. Or click the icons above to send to a friend, share on Twitter,

Enjoy!

Anne

Facebook, or LinkedIn.



Bounty from the Box, the CSA Farm Cookbook Another cookbook. Even with careful (and constant)

Because of that and the availability of almost everything online, I'm getting very picky about whether a cookbook get a seat at the table, shelves, floor, or donation pile.

Read more:



Quick Chickpea Salad Recipe Chickpea salad. Easy and delicious.

This will feed two hungry people as a side salad and can be made in about 10 minutes.

Get the recipe:





June Calendar How about these beautiful cherries? Download the Calendar:

Accidental Locavore Live!

Next Monday we're going to be looking forward to the Victory Cup Polo matches and the Farm Bash Food Tasting with one of the sponsors.

This week I was talking with the author of Bounty From the Box, the CSA Farm Cookbook, Mi Ae

Tune in at 5:00 EDT Mondays. www.pawlingpublicradio.org or listen anytime on our homepage.

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