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Accidentallocavore®

Dear Friend,

Like coleslaw? Then be sure to check out the Three-Cabbage Coleslaw recipe. A couple of fans have said it's the best they've ever had! And a lovely new cookbook, all about Vermont! If you have a friend or two who might like the newsletter, why don't you suggest they sign up by forwarding this email? Or you can click the icons above the logo to send to a friend, Twitter, Facebook, or LinkedIn.

Enjoy!

Anne



Three-Cabbage Coleslaw Recipe

Are you fond of "typical" coleslaw and potato salad, or like the Accidental Locavore, do you find it a little sweet and not terribly interesting? We had a lovely head of cabbage from a recent CSA selection and since it was too hot outside to think about cooking it, I was trying to figure out a good way to use it. Here's a loose recipe for what made a ton of coleslaw.

[Coleslaw recipe:](#)



The Vermont Farm Table Cookbook

Recently, the Accidental Locavore was sent an advance copy of The Vermont Farm Table Cookbook by Tracey Medeiros to check out and review. Thumbing through it, you're immediately reminded how extensive the food from Vermont is. Even if you don't think you know much beyond Ben & Jerry's (not mentioned, giving room for some lesser-known locals to shine), there are entries from places like King Arthur Flour and 150 recipes to remind you that it's not all about cheese and maple syrup.

[Read more:](#)





July Calendar

Doesn't this look delicious? Watermelon and mango at a street vendor's in Mazatlan, Mexico. [Click here](#) to download and save it as your desktop calendar.



Shoes and Financials?

What do shoes, financials and bras have in common? If you missed my interview on Wendy Hanson's radio show, you need to check it out. [Click here](#) for the link to her site, or check it out on [iTunes](#).

Huffington Post & The Daily Meal

The Accidental Locavore is now part of *Huffington Post*! [Click here](#) to follow on HuffPost. [And here](#) to see what I'm up to on *The Daily Meal*.

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