



Dear ,

If you got two newsletters last week, my apologies!

Please enjoy this week's newsletter. If you have a friend or two who might like the newsletter, why don't you suggest they [sign up](#) by forwarding this email? Or you can click the little envelope at the top right corner to send to a friend, Twitter, Facebook, or LinkedIn.

Thanks,
Anne



Moroccan Inspired Eggplant Salad Recipe

The Accidental Locavore's friend Jamilla was describing how she makes eggplant while we had lunch recently, across the street from the Union Square Greenmarket. If I wasn't already on the verge of looking like a bag lady, I would have dashed back and grabbed some eggplants. But being the mature individual I am (stop snickering), I waited and got a beauty from Stokes Farm a couple of days later.

[Eggplant salad:](#)

Notes From the Vermont Cheesemaker's Festival

If you ever needed an excuse to eat cheese, the Vermont Cheesemaker's Festival is your perfect pretext! For the Accidental Locavore, or any cheesehead, it's like going to an all-you-can-eat night at your favorite (really good) fromagerie. Held on the beautiful grounds of Shelburne Farms, it's an all-day, all-you-can-eat, all-you-can-drink and all-you-can-carry-home extravaganza of local cheeses (and there are lots), local artisanal products and local alcoholic beverages on the banks of Lake Champlain.

[Eat cheese:](#)



New This Week:

August Calendar

What's better in August than a lobster roll? [Click here to download the Accidental Locavore's August Calendar.](#)

To install it on Windows: Download and save the image where you can find it. Then: Control Panel/Personalization/Desktop Background and select the image. Or, just right click on the image and "Set as Desktop Background" Enjoy!

Guest Blog on WomenCentric

I was recently a judge for a business competition and learned a lot about what makes a successful business plan. See what worked.

[10 Ideas for Business Plans:](#)

Anne on YouTube

[Check out this great video](#) from the NY Times Small Business Summit. Thanks to WomenCentric for it!

Redbook Magazine:

My accountability partners and I discuss how important it is to have a group you can count on. Buy the August issue and see how well it works! [Click & read:](#)

BBC 270

50 shades of grey, home security and Pinterest? What *are* the Boomers up to this week?

[More, more:](#)

Huffington Post

How exciting! The Accidental Locavore is now part of Huffington Post's Kitchen Daily! [Click here](#) to follow on HuffPost.

The **Accidental Locavore** is on [Pinterest](#) and [Alltop](#)! On Alltop, check us out under "food". Way under "food" but moving up! Scroll down towards the bottom of the page.

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