

Dear Friend,

Please enjoy this week's newsletter. To subscribe, <u>click here</u>. To get the blog sent directly to your inbox <u>click here</u>. <u>Let us know</u> what you think of the recipes, and how you like the newsletter. Click the little envelope at the top right corner to send to a friend, Twitter, Facebook, or Linkedln.

Best, Anne



When is a Tomato Like a Water Balloon? Tales of the Greenmarket

During the taping of a new cooking show (airing in October, more later) the Accidental Locavore was talking to a couple of farmers who have been at the various Greenmarkets in New York City for years. As you can imagine, they've witnessed a lot, from drunks, dogs and kids all run amuck, to women with cigarettes demanding to know if the produce is organic, they've seen it all. Some of their stories may surprise you and if you recognize yourself...

For example, the Locavore never realized that if you pick up a tomato to see how ripe it is, put it down, someone else picks it up, etc., etc., by the end of the day it's essentially a tomato water balloon. Not good.

Read more:

Squash Blossoms, Green Harissa, Créme Fraiche Cheesecake...Yum!

Even skipping a week from the Accidental Locavore's farm box doesn't mean skipping out of the kitchen. Actually, I've been pretty busy putting all this great stuff to good use. So you can get a lot of the recipes, they're all on the site and linked below.



A special treat from the last box were squash blossoms. If you're not familiar with them, they're the pretty orange flowers that produce zucchini and squash. Not only are they edible, they taste great! Squash blossoms are very delicate so you need to use them right away. I wanted to stuff mine, since that's probably my favorite way to eat them. It's a little fussy but not difficult, you just have to be careful. These were delicious and it was interesting how light the seltzer made the batter.

Click here for the recipe.



Maine Vacationland

This is an abbreviated version of the newsletter as the Accidental Locavore is on vacation in Maine. See what's local and fresh up here in next week's news.

Blogging Boomers Carnival 217



Check out what the Baby Boomers are talking about this week, with this bunch it's bound to be interesting! Check it out here:

New Features:

July Desktop Wallpaper Calendar



<u>Click here to download</u> the Accidental Locavore's July Calendar. To install it on Windows: Download and save the image where you can find it. Then: Control Panel/Personalization/Desktop Background and select the image. Enjoy!

App of the Week

The Accidental Locavore website now features an app review. See what this week's app: Oysterpedia Lite is all about and why you should have it.

App of the week:

The **Accidental Locavore** is now on <u>Alltop!</u> Check us out under "food". Way under "food" but moving up! Scroll down towards the bottom of the page.

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