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# Accidentallocavore®

### Dear Friend.

Since it's been so hot, how about a trio of recipes with only two ingredients? Best of all, two of them go over ice cream! And on the last night of the heat wave, a farm dinner.

If you have a friend or two who might like the newsletter, why don't you suggest they sign up by forwarding this email? Or you can click the icons above the logo to send to a friend, Twitter, Facebook, or Linkedln.

Enjoy! Anne



# 3 Easy, Fun and Tasty Recipes With 2 Ingredients

The Accidental Locavore has been playing around with a couple of really easy recipes. One of them does require use of your oven, but just do it in the morning before it gets hot out. And two of them are great over ice cream, not that you need an excuse!

Recipes:



## Friend of the Farmer Dinner in Copake

Earlier this year the Accidental Locavore was introduced to Tessa Edick, who for the past two years has put on a great event for the local farming community: Friend of the Farmer Dinner at Copake Country Club. We went to the dinner the other night and it was a fun way to celebrate the last day of sweltering heat.

Zak Pelaccio's dinner:







# **July Calendar**

Doesn't this look delicious? Watermelon and mango at a street vendor's in Mazatlan, Mexico. Click here to download and save it as your desktop calendar.



# Wendy's Newsletter

As a follow-up to my guest spot on Wendy Hanson's radio show, my key questions are on her blog this week.

Quiz yourself here. Or, if you'd like to hear the interview, it's on iTunes.

# **Huffington Post & The Daily Meal**

The Accidental Locavore is now part of *Huffington Post*! Click here to follow on HuffPost. And here to see what I'm up to on The Daily Meal.

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