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Accidentallocavore®

Dear Friend,

Enjoy!

Anne

There's a huge resurgence in <u>hard ciders</u>, especially here in New York. Have you tried any? What do you think?

It's hot and muggy so might be time to break out the ice cream maker and make some easy ricotta ice cream. What do you think?

Don't forget to check out the new venture, <u>Hudson Valley Eats</u>. We're taking on the food scene in the Hudson Valley--restaurants, distilleries, markets, farms, all of it.

Wouldn't your food loving friends like to get a treat every Tuesday? Forward this to them and they can sign up for the newsletter. Or click the icons above to send to a friend, share on Twitter, Facebook, or LinkedIn.

Time for a trip to Maine and some lobsters. In the meantime, I'll just look at them on the July

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Cider Pairings and a Farm Dinner at Angry Orchard

How do you feel about hard cider?
While local distilleries have been getting a lot of notice lately, what's been trending is the move to

local cideries.

Cider makers and drinkers will tell you that cider is a preferred beverage because, like wine, it has infinite possibilities, depending on the type of apples used, the fermenting and aging processes, but with a lower alcohol content (allowing you to

drink more of it). The more I get exposed to the great cider that is being made here in the Hudson Valley, the more I'm liking it and looking for it on restaurant menus. Read more:

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Ricotta Ice Cream

processor and ice cream maker.

Get the recipe:

After being inspired by ricotta ice cream at a restaurant, I decided to make some myself.

Turns out that the ricotta version is much easier than making classic ice cream. You don't need to make a custard, let it chill and then freeze it, a two to three day process.

With the ricotta, you just run it through a food





July Calendar
Craving lobster?

Download the Calendar:



Accidental Locavore *Live!*

Next Monday my guest will be a surprise, so listen in and see who it is.

Last week's guest was Sean talking about his award winning booYah sauces. Catch up with him on our homepage.

Tune in at 5:00 EDT Mondays. www.pawlingpublicradio.org or listen anytime on our homepage.

Accidental Locavore

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