





Accidentallocavore®

Dear Friend,

What not to do at a farmers' market, makes it's annual appearance this week. What to do: come home with a watermelon from your market trip and make a refreshing agua fresca with it.

A very, very happy 60th to my BFF!

Why don't you invite your friends to sign up for the newsletter? My goal is to double the readership, so if everyone reading this can get a friend to sign up...Or you can click the icons above the logo to send to a friend, Twitter, Facebook, or Linkedln.

Enjoy!

Anne



The Top 9 Things NOT to do at a Farmers' Market

Because it's getting to be peak Farmers' Market season, the Accidental Locavore thought it was a good time to re-run my farmers' favorite posting. If you want to see what 800 people had to say about it, check out the comments on HuffPost.

Farmers' Markets:





Watermelon Agua Fresca

Watermelon has always been a summer staple and rightly so. Cold and refreshing and simple to prepare, it was just a matter of time until people had to start messing with it – witness the hundreds of watermelon and feta salads that have popped up in the past couple of summers. This year, however, it seems like the trend is to drink our watermelons.

Watermelon:



July Calendar

Radiccio from my CSA is this month's cover girl:

Download the calendar:

Huffington Post & The Daily Meal

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