# Accidentallocavore®

### Dear Friend,

Happy Bastile Day! This week, we start out in that trendy borough-Brooklyn (or if you're really in the know-BK). Then an interesting recipe for peas, given a kick with lemongrass and chiles.

I bet you have at least one friend who would enjoy this newsletter. It's easy to <u>sign up here</u>. Or you can click the icons to send to a friend, Twitter, Facebook, or LinkedIn.

Enjoy!

Anne



## A BK Afternoon

The Accidental Locavore's friend Peter had long been tempting me with an excursion to his neighborhood of Park Slope. Long famous for its co-op and stroller traffic jams, recently, like the rest of Brooklyn, it's become a real Mecca for foodies. <u>Read</u> <u>more:</u>

## **У** f

#### Some Peas Like it Hot!

Bet you never thought about spicy peas! As you know, peas are not one of the Accidental Locavore's favorite vegetables, just sort of a benign side dish. This recipes elevates them into the very interesting (and almost-worth-shelling) arena. You will need the zest of the lime, so do that before you juice it. Serves 4: <u>Get the recipe:</u>



## **У** f



## July Calendar

Don't you always want to be by the sea in July? This is from Rovinj, Croatia

Download the Calendar:

PO Box 1289 | Pleasant Valley, NY 12569-1289 US

