

Accidentallocavore®

Dear Friend,

Could you imagine [180,000 food items in one place](#)? That's more than four times the average supermarket!

How about an [escarole salad](#) with an easy dressing you'll make all summer?

Veggies from my CSA share are the stars of the July calendar. [Click here](#) (and right click on the image) to add it to your desktop.

If you know anyone who is into food and fun, please ask them to [sign up for the newsletter](#) and get a treat every Tuesday. Or you can click the icons above to send to a friend, share on Twitter, Facebook, or LinkedIn.

If there's anything you'd like to see more (or less) of, you can always let me know by replying to the email or commenting on the blog.

Enjoy!

Anne



The Summer Fancy Food Show

Can you imagine 840,000 square feet of food?

No, neither can the Accidental Locavore, even though I was part of it.

That was the recent Summer Fancy Food Show in New York.

Vast.

Overwhelming.

And delicious! [Read more:](#)

Escarole Recipe: Try This Easy Escarole Salad

I hate gritty produce.

At the CSA pick-up recently, one of the things Frank brought home was a beautiful head of escarole. It's something I always like, both cooked and raw, but tend to avoid because it needs careful washing and sometimes I'm just not in the mood (you know what I mean?).

[Get the recipe:](#)



July Calendar

Beautiful produce from my CSA!

[Download the Calendar:](#)

Calendar

Accidental Locavore

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